

F.A.Q - Lions 201Q4 Youth Insearch Program

How could I help?

Depends on how much time you can give. If you are local the camp is only 15 minutes drive out of Bundaberg so you could help for a few hours or just the day. Ideally 3 to 4 volunteers are required for the whole week-end. Advance planning is required for all volunteering.

Is a Blue card required?

Yes but if you were just helping deliver or return gear, no. We generally only have contact with the youth in the kitchen. Legally you would not require a Blue card for this but Lions and the Camp require one, just to be on the safe side.

Can I apply for a free Volunteer Blue card?

Yes. Contact Alan Williams (Secretary Bundaberg Lions Club) bundaberglions@gmail.com or 0429348189

Do I have to be a Lions member?

No, you can help as a volunteer.

Who do I contact to volunteer or find out more information?

District Youth Insearch Chairman or Alan Williams 0429348189 (Secretary Bundaberg Lions Club). See 201Q4 District Web Page

<https://lions201q4.org/lions-projects-youth/youth-insearch-lions-club/>

Is there any other way to help?

Yes , many. Encourage your Lions Club to donate to this project. Help your own community. This project will likely impact your local area youth. Make and donate a Love Rug. Contact us with any other ideas you have to support the project.



Lions District 201Q4 Youth Insearch Program

Youth Insearch is supported by Lions Clubs across Australia and has helped over **32,000 young people** rebuild their lives.



For over 20 years **Lions District 201Q4** has partnered with Youth Insearch to support 4 camps per year. Lions have a support role by providing the venue, food, and kitchen staff etc.

What Is Youth Insearch?

Youth Insearch is one of Australia's most successful peer- support intervention programs for at- risk youth aged 12–25.

Youth Insearch provides a safe, structured environment where young people can:

- Share their stories
- Build emotional resilience
- Learn coping strategies
- Connect with supportive peers and mentors
- Break cycles of trauma, violence & disadvantage

The Bottom Line.

Youth Insearch helps young people overcome trauma, build confidence, and develop healthier coping skills, leading to improved Wellbeing, stronger relationships, and more hopeful, resilient futures.

LIONS CLUBS OF DISTRICT 201Q4



Lions District 201Q4 Youth Insearch Program



**SUPPORTING YOUNG PEOPLE
TO TRIUMPH OVER TRAUMA**

- WEEKEND WORKSHOPS
- INDIVIDUAL SUPPORT
- LEADERSHIP PROGRAM



*Serving
Our
Community
Always*





*Rugs being presented to
Lions Youth Insearch Chairman Warren Gavin by Lions.*

Love Rugs are **comfort blankets** made by community volunteers and gifted to Youth Insearch participants.

They serve several purposes:

A physical symbol of love and safety

Many young people attending Youth Insearch have experienced trauma, grief, or instability. A handmade rug represents warmth, care, and a sense of being valued.

A personal item to keep

Participants take their rug home after the camp or workshop. It becomes a reminder that they are supported beyond the weekend.

A grounding tool during emotional sessions

Youth Insearch workshops involve deep peer led discussions about trauma, resilience, and healing. A rug can help a young person feel secure during these moments.

A community connection

Each rug is made by someone who cares—often a Lions Club member—creating a bridge between the young person and the wider community supporting them.

Please **contact Lions** to give direct to **Youth Insearch Program**. Patterns and info can be found on on Wrap with Love web page <https://wrapwithlove.org/patterns/>

Details and Contacts Lions District 201Q4 Youth Insearch Program

Phone contact: 0429 348 189

Email bundaberglionslions@gmail.com

Facebook Lions Club 201 Q4

Web page <https://lions201q4.org/>



**Lions Clubs support
Youth Insearch**



This proven District Project needs support. Invest in your communities future. Save a Life. Our Lions District needs donations for this project to continue. Please make this one of your clubs yearly donations. Donations are processed by our District Treasurer.



Lions District 201Q4 Youth Insearch Program

Key to the success of the program is its peer-to-peer focus where youth who have graduated from the program return to assist and mentor the other young participants.

Pictured. Three Lions hard at work.

**This Project
Saves Lives.**



Youth Insearch is a community organisation that coordinates weekend programs focused on resolving adolescent issues at a peer level for young people aged between 12-25 years. It is a grass roots, early-intervention program, which works alongside welfare agencies, schools and local police to identify 'at-risk' youth that will benefit from the program. The aim to reduce crime, substance abuse, binge drinking and prevent suicide in young people, as well as enhance self-esteem and productivity through empowering youth. **Lions District 201Q4** has partnered with Youth Insearch to have 4 Youth Insearch Camps a year. Lions look after the meals and venue costs at our four camps. Youth Insearch provide the counselling, other necessary staff and volunteers. These 4 camps cost the Lions District just under \$30,000.